

Domestic abuse resources (not County specific)

United Against Violence and Abuse (UAVA) - 0808 80 200 28 <http://www.uava.org.uk>
Lines are managed by domestic abuse and sexual violence specialists.

Disrespect No-body – discussion guides and session plans to support the Government’s campaign aimed at preventing abuse in teenage relationships, developed by the PHSE Association with the Home Office. <https://goo.gl/HxcSUU>

The Hideout – a dedicated website for young people up to the age of 21 where they can find information about relationship abuse and where to get help. www.thehideout.org.uk

Expect Respect – a free resource to download giving information about domestic abuse and its impact on children and young people. Also gives lesson plans on relationship matters from year 1 to year 13 <https://goo.gl/bliCOa>

Freedom Charity – empowering young people to feel they have the tools and confidence and support around the issues of family relationships which can lead to early and forced marriage and dishonour based violence. www.freedomcharity.org.uk